

Direct Composites and EFDAs: Sharing our Solutions and Struggles

Course Description:

Direct composite restorations are among the most frequently performed restorative procedures, yet clinicians often struggle with isolation, placement techniques, creating ideal proximal contacts, and preventing post-operative sensitivity. Success depends on knowledge of materials and how/when to use them, especially in challenging situations. This interactive program will invite EFDAs to share their best practice tips on components of a successful direct restoration from proper isolation techniques to polishing methods, as well as how they manage the compromised cases.

Novice as well as seasoned EFDAs will benefit from review and/or learning something new regarding basic adhesion, when and where to use “total-etch”, “selective-etch”, and “self-etch” adhesives, various matrix systems, steps of composite placement, contouring, finishing, and polishing.

Course Objectives:

Upon completion of the course, participants will be able to:

1. Define adhesion and compare/contrast generations of dental adhesive systems.
2. Discuss choices of matrices, materials, and suggested technique for placing, curing, finishing and polishing composites.
3. Recognize and share some common areas of composite failure.